

# A Rocha Sample Schedule

Sunday April 4	Monday April 5	Tuesday April 6	Wednesday April 7	Thursday April 8	Friday April 9	Saturday April 10
AM Travel from Holland to Costa Rica	Breakfast	Breakfast	Breakfast	Serve Breakfast at Casa Esperanza	Breakfast	AM Travel Home
	Cultural and Historical Learning	Plant trees by the river	La Paz Waterfall	Serve at Casa Esperanza	Travel and learn about Casa Nube	
	Lunch at Central Market	Lunch	Lunch at Catarata La Paz	Serve Lunch at Casa Esperanza	Lunch at Casa Nube	
Meet host families	Learn about Casa Adobe	Learn about Casa Esperanza	Late Afternoon begin traveling to Casa Esperanza	Serve and travel back to Casa Adobe	Hike Casa Nube	
Dinner at Casa Adobe / House Church	Dinner	Dinner	Dinner	Dinner	Dinner at Casa Nube	
	Devos and Free Time	Devos and Free Time	Travel to Casa Esperanza	Devos and Free Time	Devos and Free Time	
Sleep at host homes	Sleep at host homes	Sleep at host homes	Sleep at Casa Esperanza	Sleep at host homes	Sleep at Casa Nube	